

10 tips for protecting the marine and coastal environment.

PADI Diving Instructor MSDT # 410710 Efthymios Gkantis

Contact: +30 6980 790002, info@coolexperience.gr

1. We always collect our garbage, leaving nothing behind.
2. We reduce the reckless use of disposable plastics. Replace with multi-use items such as metal straws, bamboo cups, metal water containers.
3. We use environmentally friendly sunscreen and wash wetsuits and equipment using bio-cleaners without phosphorus and harmful substances in their composition.
4. The involvement or organization of a coastal or underwater cleaning initiative is not the solution to the problem of plastic pollution. However, it aims to raise the awareness and activate citizens to help solve the problem.
5. Professionals working in the marine and coastal environment must be role models to their customers and promote ecological habits.
6. Autonomous divers and free divers must control and watch their buoyancy of their own protection of stings, cuts, bites but also for protecting fragile sea life that may be affected by the impact.
7. Protect the marine environment and do not touch plant or animal organisms. Even an empty seashell may provide shelter for a defenseless small creature of the sea.
8. It is a good habit to always have a mesh bag with us so that we can collect submerged waste. It's small, it fits in the pockets, we respond to hazardous and harmful waste to marine life.
9. We always have a knife with us. Its presence is of double importance. Initially it is for our own protection in case we get tangled up in a line or so, while at the same time it is a mean for the decontamination of the marine environment by abandoned fishing gear (lines or nets) located at the seabed.
10. We are an ECO-tourist, we choose locations and accommodations in hotels and businesses that are environmentally conscious and are active in green environmental actions.